

PLACEMENT ASSISTANCE | ELDERCARE CONSULTING | FAMILY COACHING | ADVOCACY



Maybe there's an older adult in your life experiencing cognitive or physical issues. Or maybe you are stressed by the endless options in eldercare and the healthcare system. Are you overwhelmed by care and decision–making for a loved one? Do you find yourself not even knowing where or how to start? We know it's a rocky road. You don't need to do this alone. Let us help.

#### **Placement Assistance**

The choices in residential care are many. Whether you are thinking about assisted living, dementia care, independent senior living or skilled nursing, how do you find what will best serve you and your loved one? We will help identify the right level of care and then help you find the best fit based on:

- what matters most to you and your family
- current and future care
- personal preferences
- location
- budget

We arrange visits at your chosen communities, personally accompany you on tours, and coach you to ask the right questions. We track every facility's compliance with state regulations, so you are assured that you're choosing from the best in your area. Our research is second-to-none. This is information you need to have.

### **Eldercare Consulting**

There is so much going on. You are trying to balance family, work, and supporting a loved one. Wouldn't it be helpful to have someone cut through the never-ending options, anecdotes, and advice? This is where we come in. We will help you sort through all of it, create a realistic step-by-step plan to navigate the many decisions you will face, and help you access appropriate, vetted resources.

## **Family Coaching**

Making decisions for a loved one is a challenging process. It's understandable that families aren't always on the same page. Emotions run high, and objectivity can be lost in a sea of grief, worry, and family dynamics. We can serve as a neutral party to facilitate difficult conversations among family members, ensuring everyone has the opportunity to speak their point of view.

### **Advocacy**

With something as complicated and important as elder care, it's critical to have someone who is on your side — to help ask the right questions, sort through all the information and choices, and act as a sounding board; someone who is *your* advocate. We are that someone.

### **Boomers Today Podcast**

Founder Frank Samson interviews experts on a wide range of subjects related to aging, concerns of adult children, legal and financial issues and more. Listen to our podcasts at:

www.BoomersTodayRadio.com

## 7 Signs that your family may need help

- Poor or declining personal hygiene
- Unsafe behaviors such as unlocked doors, stove left left on, water running
- · Spoiled or inadequate food in refrigerator
- Unpleasant odors in the home
- Stacks of unopened mail, unpaid bills
- · Confusion about time and place
- Escalating family disagreements about care choices



# What Our Families Say About Us

SCA is a godsend. They are true to their word when they say that their job is to help you make the right choices for a loved one. Lisa found my cousin an incredible care home & made sure that my family was pleased with this setting. She also guided me through the process to find veteran benefits and referred me to an estate planning attorney.

- S. SNEAD, RICHMOND

I had the best hands on and personal service that one can ask for. I was in a bind on how to help my aging mother when SCA came to the rescue. They helped direct me and my family to a reputable facility. We are very pleased, and my mom is getting great care. There was no pressure, our needs were heard and met, and now we can breathe again.

– A. HALL, HANOVER

We quickly had to relocate my dad to an assisted living facility that would meet his needs. In less than a week, we selected a better place for him to live, moved him in and got him settled. None of this would have been possible without the knowledge, professionalism and hands-on treatment we received from Lisa. She truly cares about the senior community in Richmond.

- S. WHEALTON, GLEN ALLEN

## Contact Us Today

You will be met with kindness, understanding, and all the information you need to get started. SENIOR CARE AUTHORITY® of CENTRAL VIRGINIA (804) 593-4487 Info@SeniorCare-Richmond.com

